

Can you help us with our important work?

Contributions of any amount are welcome. For contributions over \$72, NechamaComfort can acknowledge your gift with a memorial card sent in your name.

To make a contribution:

- Visit www.nechamacomfort.com
- Click DONATE
- Direct your gift by selecting "Nechama Comfort" from the drop down menu

Or mail your contribution to:

NechamaComfort
Jewish Family and Children's Services
1485 Teaneck Road
Teaneck, NJ 07666

Contributions to NechamaComfort are tax deductible through Jewish Family & Children's Services of Northern NJ
Tax ID# 22-2223109.

**Check our website
Facebook or Instagram for
the next support group
meeting**



NechamaComfort was founded in 2008 by Reva Judas . Reva suffered the loss of her first son 12 hours after his birth. She and her husband Danny experienced 6 miscarriages. They found that resources and information about infant and pregnancy loss were difficult to find.

Reva earned her chaplaincy certification from Hackensack Medical Center and is a certified Infant Pregnancy Loss Facilitator from the Resolve through Share program.

NechamaComfort Board of Directors:

Reva Judas, CPE
Founder & Executive Director

Aimee Baron, MD
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Ellen Krischer, MS
Director of Support Services & Programming

Esther Levie, RN
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Contact us at:

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When help is needed most



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Facebook: NechamaComfort
Instagram: [nechamacomfort](https://www.instagram.com/nechamacomfort)

The Hebrew word “Nechama” means comfort

When a pregnancy ends before birth, or when the child does not survive, the sense of loss is profound. Where can the family turn?

NechamaComfort is dedicated to helping all family members who have experienced infant and pregnancy loss at any time in their lives.

NechamaComfort is there from the moment of loss to years later—offering counseling, resources, support groups and community education about the difficulties of infant or pregnancy loss.



NechamaComfort offers services to all family members, clergy, the community, and medical personnel:

- Immediate attention at the time of the loss, guiding families through difficult choices and decisions
- Support for the whole family including grandparents and extended family members
- Individual counseling—phone and Skype sessions for distant clients.
- Ongoing support groups
- Resource referrals
- Community education programs
- Education for medical staff and clergy
- Help arranging Jewish burial
- Support during subsequent pregnancies
- Assisting families to find a meaningful way to move through the loss

What you can do

Do you know someone who has experienced infant or pregnancy loss? It can be difficult to know what to say or do to support people going through this tragedy.

We've created a downloadable guide of **Do's** and **Don'ts** to help you be a comfort to the family at this difficult time. Find the PDF and other valuable resources on our website.

Our services are free to anyone in need.

Your contribution can help:

- Establish a support hotline
- Hold community awareness events
- Develop a child burial needs fund
- Conduct an annual memorial service
- Host a help and healing retreat
- Fund memory boxes and educational materials
- Publish a guide for clergy & medical personnel

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